

# (MORE) VISUAL *Journaling* P R O M P T S

1. Room Layout Ideas
2. Room Decor Ideas
3. Handwriting/Lettering Practice
4. Technical Drawing (draw something and then label its parts)
5. Daily Routine
6. Names You Like
7. Names You Don't Like
8. What's In My Bag?
9. Collections
10. Things to Learn/Study
11. Swatch something colorful (nail polish, crayons, eyeshadow, etc.) and come up with silly names
12. Favorite Flower/Plant/Succulent
13. What I Ate Today
14. I've Always Wanted To...
15. Best/Worst Dressed
16. Book Review
17. Movie Review
18. Music Review
19. Best Birthday/Holiday/Memory
20. Favorite Smells/Scents/Flavors
21. Disneyland Dream Ride (if you could turn any movie into a ride, what would it be?)
22. Spirit Animal
23. Favorite Animal/s
24. Inventions/Ideas
25. Replace a word in your favorite titles with a silly word
26. Go-To Starbucks Drink
27. Dream Car
28. Life Timeline (past, or future, or both!)
29. Personality Chart (on a pie chart, I'm 50% sarcasm, 10% kind, etc.)
30. Childhood Nostalgia (hello Lisa Frank stationery)
31. Favorite Season
32. Wish List
33. Imaginary Friends you had (or have...)
34. Books to Read/Reread
35. Trinket Stories (find a trinket and journal about where you found it)
36. Dream Collabs/Duets
37. Role Models
38. People You'd Love to Meet
39. Disappointing Endings (& how you'd fix them)
40. Bucket List
41. Things to Make
42. Local Adventures
43. Modernizations (what's a classic story you'd love to see modernized, and what would that look like?)
44. Color Scheme Ideas
45. Playlists
46. Oddly Specific Genres (movies with awesome dance scenes, books that make me cry, etc.)
47. Favorite Books/Movies/TV Shows as a Kid
48. Favorite Youtubers/Vloggers/Bloggers
49. Favorite Artists/Pieces of Art
50. Dream Museum Exhibit
51. Dream Music Festival Line-up

WHATEVER BRIGHT THINGS